



# HARVEST YOGA

*Balance and Harmony*

## SUNDAY YOGA & MEDITATION

2012

**2 hour class Sundays 10am-12Midday**

with Rick, Alison or Samantha

These classes do not follow terms; they generally run throughout the year except for a few weeks over the Christmas break. They are OPEN level classes - open to all levels of experience, including Beginners. Included in the classes are Asana, Pranayama, Meditation, and Relaxation.

We offer the following options for attendance & payment:

- 10 class pass – classes to be used within 10 weeks. Commitment to attend every week \$170 / \$160 Concession. ONE missed Sunday class can be made up at a class during the week – subject to availability. Otherwise missed classes cannot be made up.
- 10 class pass – classes to be used within 14 weeks from purchase date. \$200 / \$190 Concession. Students have the additional 4 weeks in which to use the pass.
- 5 class pass – classes to be used within 7 weeks from purchase date. \$105 / \$100 Concession
- Casual attendance \$25 / \$22 Concession

### **PAYMENT OPTIONS AND BANK DETAILS**

**PLEASE NOTE: CURRENTLY WE DO NOT HAVE CREDIT CARD OR EFTPOS FACILITY**

#### ***Ways of making payments for classes at HARVEST YOGA***

Cheque (cheque made payable to Rick Harvest)

Postal Order

Cash

Funds Transfer

For FUNDS TRANSFERS please insert your name into transfer memo AND

***let us know via RETURN email:***

- ✓ ***date of payment***
- ✓ ***amount paid***
- ✓ ***receipt number***
- ✓ ***what exactly you are booking***

*Your assistance in this is greatly appreciated.*

#### ACCOUNT DETAILS

RICK HARVEST

Credit Union Australia

BSB 814-282

account no 10169185

Postal Address PO Box 37 Flemington Vic 3031

Studio Address Upstairs behind Christ Church 76 McCracken Street Kensington Vic 3031

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