



# HARVEST YOGA

*Balance and Harmony*

Studio Address 76 McCracken Street Kensington  
 Behind Christ Church, upstairs, next door to Primary School, entrance to the left of the Church through the garden. (Mel Ref 42 K2).  
 Mailing Address PO Box 37 Flemington Victoria 3031  
 M 0431 163 130 T 9376 3773 E rick@harvestyoga.com.au www.harvestyoga.com.au

**TERM 3 2010** Monday 12 July– Saturday 18 September – **10 weeks**

## TIMETABLE

MONDAY	6pm 7.30pm	GENERAL BEGINNERS*	course	*see below for course starting dates
TUESDAY	6.30am 6pm 7.15pm 8.30pm	EARLY MORNING YOGA BEGINNERS* GENERAL MEDITATION**	course	*see below for course starting dates **resuming in Term 4
WEDNESDAY	9.30am 6pm 7.30pm	OPEN GENERAL EXPERIENCED		
THURSDAY	6pm 7.45pm	PRE NATAL# GENERAL	course	#see below for details
SATURDAY	8am 9.30am	GENERAL BEGINNERS*	course	*see below for course starting dates
SUNDAY (Monthly)	10am	YOGA/MEDITATION***		***see below for monthly dates

*BEGINNERS COURSES	MONDAY	7.30pm
	TUESDAY	6pm
	SATURDAY	9.30am

\*A new 10-week Beginners Course starts every few weeks. Starting dates subject to change: Monday 12/7, Tuesday 27/7  
 Enquire for starting dates for Term 4. 10 week Beginners courses \$170 / \$160 (early bird) / Concession \$160 / \$150 (early bird)

**TERM 3 YOGA CLASSES – 10 weeks** \$170 / \$160 (early bird), Concession \$160 / \$150 (early bird) **Casual** \$20 / \$17 Conc

\*\* **MEDITATION COURSE** will not be running in Term 3; It is anticipated it will resume in Term 4

\*\*\***SUNDAY YOGA and MEDITATION** 2 hour classes Monthly, 3rd Sunday of the month – 20/6, 18/7, 15/8, 19/9, 17/10, 21/11, 19/12 \$25 / Conc \$20

#**PRE NATAL** There are various options for payment. Please enquire for details

**MULTIPLE CLASS ATTENDANCE.** For any students wishing to attend more than one class a week, the following discounts are offered:  
 10 week term) 1st class \$170 / \$160, 2<sup>nd</sup> class \$85, 3<sup>rd</sup> class \$65 (no concessions/early bird discount for these already discounted prices)

## TERMS/CONDITIONS

BOOKINGS ESSENTIAL CLASS SIZES LIMITED. Classes fill quickly; payment secures your booking. Bookings confirmed on receipt of payment.

EARLY BIRD discount applies to payments made in full and received the Friday of the week before your 1st class.

CLASS DURATIONS Beginners / Meditation 1 hour / General 1 1/4 hours / Pre Natal / Experienced 1 1/2 hours / Monthly Yoga / Meditation 2 hours

FULL PAYMENT REQUIRED BY YOUR FIRST CLASS OF TERM (unless prior arrangements have been made).

If you miss a class you can make it up at any time during the same term, to a maximum of 2 in any term. (Exception –Pre Natal.) NB students need to check on class availability as some classes are fully booked.

Missed Pre Natal classes cannot generally be made up at other classes

CLASSES NON TRANSFERABLE. NO REFUNDS

CONCESSIONS available for pensioners/unemployed/full-time students.

## METHODS OF PAYMENT

Payment can be made by cash, cheque (cheques payable to Rick Harvest), postal order or funds transfer (funds transfer – enquire for account details).

Financial difficulties? Illness or injury? Please speak with us before it becomes an issue.

Class timetable and teachers may need to change from time to time - Harvest Yoga reserves the right to make these changes when necessary.

**For all class booking and further information contact Harvest Yoga. E rick@harvestyoga.com.au M 0431 163 130 T 9376 3773**



# HARVEST YOGA

*Balance and Harmony*

76 McCracken Street Kensington

Behind Christ Church, upstairs, next door to Primary School, entrance to the left of the Church through the garden. (Mel Ref 42 K2).

Mailing Address PO Box 37 Flemington Victoria 3031

M 0431 163 130 T 9376 3773 E [rick@harvestyoga.com.au](mailto:rick@harvestyoga.com.au) [www.harvestyoga.com.au](http://www.harvestyoga.com.au)

## BOOKING FORM

Please detach and send with your payment –cheque (payable to Rick Harvest), funds transfer (please enquire for account details), postal order or cash. Send to HARVEST YOGA PO BOX 37 FLEMINGTON, 3031.

Name

---

Address

---

Telephone (H)

(M)

email

---

Please indicate which class/classes/dates you are booking

MONDAY	<input type="checkbox"/> 6pm	GENERAL	
	<input type="checkbox"/> 7.30pm	BEGINNERS	starting date 12/7
TUESDAY	<input type="checkbox"/> 6.30am	EARLY MORNING YOGA	
	<input type="checkbox"/> 6pm	BEGINNERS	starting date 20/7
	<input type="checkbox"/> 7.15pm	GENERAL YOGA	
	<input type="checkbox"/> 8.30pm	MEDITATION	not running Term 3
WEDNESDAY	<input type="checkbox"/> 9.30am	OPEN	
	<input type="checkbox"/> 6pm	GENERAL	
	<input type="checkbox"/> 7.30pm	EXPERIENCED	
THURSDAY	<input type="checkbox"/> 6pm	PRE NATAL	
	<input type="checkbox"/> 7.45pm	GENERAL	
SATURDAY	<input type="checkbox"/> 8am	GENERAL	
	<input type="checkbox"/> 9.30am	BEGINNERS	starting date 26/6
SUNDAY	<input type="checkbox"/> 10am	YOGA/MEDITATION	

For all class booking and further information contact Harvest Yoga. E [rick@harvestyoga.com.au](mailto:rick@harvestyoga.com.au) M 0431 163 130 T 9376 3773